#### **Our Cowichan Small Grants Initiative- Call for Proposals**

#### Thank you for your interest in contributing to the health of citizens living in the Cowichan Region. Our Cowichan Communities Health Network (OCCHN) is pleased to provide a maximum grant of $2,000.00 toward eligible projects in the Cowichan Valley. Please read the following information to ensure your proposal meets the funding requirements.

# Our Cowichan Communities Health Network

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Our Cowichan recognizes the health and well -being of our citizens is impacted by the 12 Key determinants of health within the context of healthy and supportive communities, organizations, families and relationships. Our Cowichan has the opportunity to make a positive and meaningful contribution to our communities’ future. OCCHN is committed to helping all citizens of the Cowichan Communities enjoy good health.

**Project focus:**

OCCHN small grants are designed to meet a specific need or a specific project that would not otherwise be able to happen or would be significantly impacted without funding.

Through strategic planning OCCHN has identified 5 priority areas.

* **Children, youth and their families** including prenatal care, maternal health, mental health nutrition, early childhood development, role of fathers, social supports, physical literacy
* **Promotion of good health- all ages** including nutrition, physical activity, environment, social supports
* **Elderly** including home support, housing, caregiver support, mental health, healthy aging, social supports
* **Identifying causes and prevention of chronic Illness- all ages** including mental health, alcohol consumption, substance use, smoking, vaping, respiratory, diabetes, circulatory/ heart disease
* **Poverty /Economic Status** including education, employment, living wage, poverty reduction

Projects addressing these priorities will be given first consideration.

Applications whose priorities for action respond to demonstrated community needs, gaps and priorities and that are evidence based and focus on the 12 determinants of health will be accepted for review.

*Application templates and supporting documents are available on our website* [*www.ourcchn.ca*](http://www.ourcchn.ca) *or contact Cindy Lise at* *cindylisecchn@shaw.ca* *. Applications will be accepted up to noon May 31, 2024. Funding announcements will be made by June 21, 2024 or sooner.**1 copy must be submitted by email to:* *cindylisecchn@shaw.ca* *and must be confirmed received by noon May 31, 2024.*